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RESPONSIBLE **SPORTS BETTING**

Tips for how to act responsibly
when placing sports bets



ADMIRAL

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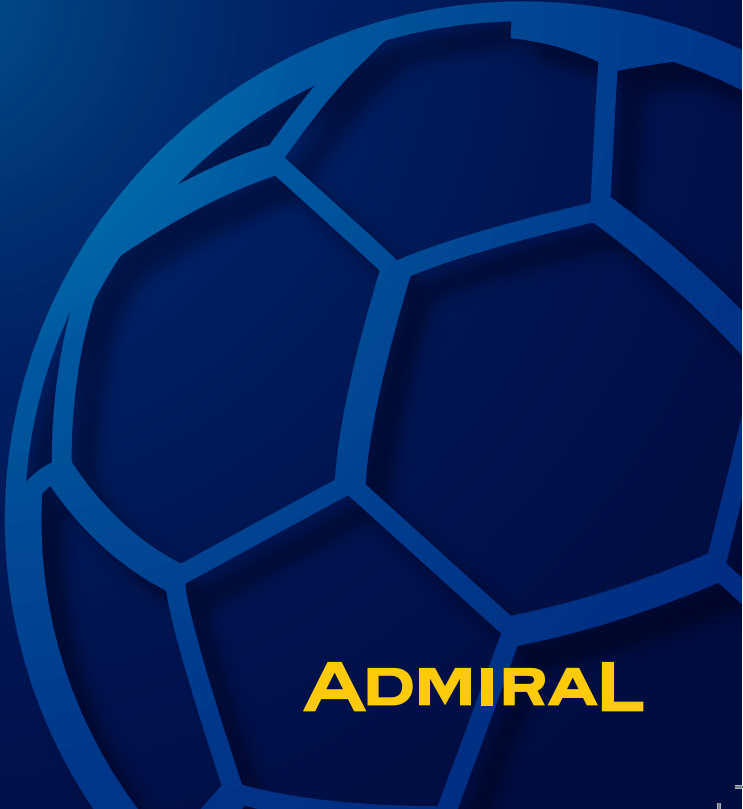
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ADMIRAL

WELCOME TO
ADMIRAL
SPORTWETTEN GMBH

We're delighted to welcome you as our guest!

We have created this brochure to inform you about our betting opportunities and provide you with tips for how to place bets in a responsible way.



Responsible

SPORTS BETTING

We offer you entertainment in a safe environment with a stylish atmosphere.

Protecting young people

People under 18 years of age are not permitted to enter our branches or use our services. Clear reference is made to this outside our branches and on our website www.admiral.at.

Bookmaking competence and guaranteed payouts

Admiral Sportwetten GmbH is a licensed betting company based in Austria. As a serious provider in a regulated market, we guarantee reliable payouts. Our bookmakers analyse sports news, monitor what we offer and ensure fair odds.

Our terms and conditions, betting regulations and terms of use for registered guests are publicly available and you can also request a printed copy of them in our branches.

Play Fair Code

As a member of the "Play Fair Code for Integrity in Sports" initiative, safeguarding the credibility and integrity of Austrian sport is particularly important to us.

ADMIRAL

PREVENTION THROUGH

INFORMATION



Information for

OUR GUESTS

We believe it's vitally important that we provide comprehensive information on our range of betting options and also provide objective information about the first signs of problematic betting behaviour.

You can find our folder in our branches or download it from our website **www.admiral.at**. Our highly trained staff will be happy to answer any questions you may have.

Prevention Officers

Having personal contact with our guests is very important to us. Our professionally trained employees are always at your disposal and are happy to help you bet responsibly.

ADMIRAL

WE TAKE RESPONSIBILITY.

DO YOU?



OPPORTUNITIES FOR **SELF-REGULATION**

ADMIRAL offers its registered guests the following options for setting their own limits:

Voluntary break from betting

A voluntary break from betting gives you the opportunity to remove yourself from the betting environment for a short while and take advice from a prevention officer.

Voluntary self-barring

With the help of voluntary self-barring, you can bar yourself from participating for a period of your choice.

Personal limits

If you're already registered with us, you also have the option of setting personal limits on our website www.admiral.at:

■ **Loss limit**

Our loss limit gives you the option of limiting the maximum amount you are able to bet each day, week or month, thereby ensuring that any losses don't exceed your self-imposed limit.

■ **Limit per bet**

The limit per bet lets you set the maximum stake per bet.

TIPS FOR RESPONSIBLE
BEHAVIOUR
WHEN BETTING

We want you to really enjoy placing your bets.



So that your betting continues to be fun, please keep the following tips in mind:

- Before betting, set a budget that is within your financial means.
- Never bet with borrowed money.
- Only bet with amounts of money that are planned for recreational activities.
- Make sure that the time you spend betting is in proportion with your other leisure activities.
- Betting is intended to be entertaining, and should never be used as a distraction from personal stressful or crisis situations.
- Find out about odds and chances of winning before you place a bet.
- Family and work come first. Never neglect your social or professional obligations as a result of your betting.

DO YOU WANT TO

CHECK YOUR BETTING BEHAVIOUR?

Get to know your own betting behaviour. Taking this test will help you to assess yourself.



Test yourself

- | | Yes | No |
|--|--------------------------|--------------------------|
| 01 Do you sometimes feel an overwhelming urge to place a bet, even though you originally had no intention of doing so? | <input type="checkbox"/> | <input type="checkbox"/> |
| 02 Have you ever tried to stop betting and found that you couldn't? | <input type="checkbox"/> | <input type="checkbox"/> |
| 03 Have you frequently missed appointments/social engagements because of betting? | <input type="checkbox"/> | <input type="checkbox"/> |
| 04 Do you mainly place bets when you're bored, under stress, feeling sad? | <input type="checkbox"/> | <input type="checkbox"/> |
| 05 Do you have money problems because of the amount you place on bets? | <input type="checkbox"/> | <input type="checkbox"/> |
| 06 Do you have family problems because of your frequent betting? | <input type="checkbox"/> | <input type="checkbox"/> |
| 07 When you think about betting, do you experience physical symptoms such as heart palpitations, sweaty palms or a tingling sensation? | <input type="checkbox"/> | <input type="checkbox"/> |
| 08 Do you suffer as a result of your betting behaviour? | <input type="checkbox"/> | <input type="checkbox"/> |
| 09 Do you believe you can "crack" the betting system? | <input type="checkbox"/> | <input type="checkbox"/> |
| 10 Do your thoughts often revolve around betting combinations, prizes or winning back your losses? | <input type="checkbox"/> | <input type="checkbox"/> |
| 11 Do you try to conceal your passion for betting? | <input type="checkbox"/> | <input type="checkbox"/> |

If you answered "Yes" to one or more of these questions, please turn to the last pages of this brochure.

ADMIRAL

WHEN FUN

URNS SERIOUS ...

It is possible to lose control of your betting behaviour. We can help you or your family members in case of potentially problematic betting behaviour and offer support.



What can you do for yourself?

If you feel that you're losing control of your betting behaviour, trust this gut feeling and have a chat with an expert. Our specially trained prevention officers are always available for a confidential discussion!

How can family members spot problematic betting behaviour?

Possible signs of problematic betting are:

- If the person concerned can no longer pay their regular bills.
- If the person concerned repeatedly borrows money and can no longer pay their debts.
- If the person concerned no longer pursues any other leisure activities and hobbies.
- If the person concerned neglects their family and/or circle of friends and acquaintances.
- If the person concerned appears restless or has mood swings.

What can you do as a family member?

- Speak openly about it to the person concerned.
- Do not lend the person concerned any more money.
- Encourage the person concerned to seek professional help and support them in doing so.
- If you suspect that someone close to you is displaying signs of problematic betting behaviour, do not hesitate to seek professional advice.

CONTACT DETAILS OF

HELP AND ADVISORY BODIES

Telephone advice

Helpline: **0800/20 52 42**
(8:00 a.m. to 6:00 p.m.) toll-free throughout Austria

In emergencies: **+43 (1) 40 400 35 47**
(available 24/7)

Online advice

www.online-spielsuchtberatung.at
<https://bas-suchtfragen.beranet.info/>
www.spielsuchthilfe.at/onlineberatung



In-person advice

Burgenland

Psychologischer Dienst Burgenland (Psychological Service in Burgenland)

Address: Franz Liszt Gasse 1/Top III, 7000 Eisenstadt
 Telephone: +43 (57979) 20 100
 Email: eisenstadt@psd-bgld.at
 Website: www.psychosozialerdienst.at
 Additional advice centres: Güssing, Jennersdorf, Mattersburg, Neusiedl/See, Oberwart, Oberpullendorf

Carinthia

Spielsuchtberatung Landeshauptstadt Klagenfurt (Counselling for Gambling Addiction in the State Capital of Klagenfurt)

Address: St. Veiter Straße 195, 9020 Klagenfurt
 Telephone: +43 (664) 961 51 86 or +43 (664) 243 22 71
 Email: spielsuchtberatung@klagenfurt.at
 Website: www.klagenfurt.at/spielsuchtberatung

Krankenhaus de La Tour

Address: De La Tour Straße 28, 9521 Treffen
 Telephone: +43 (4248) 2557-0
 Email: krankenhaus.delatour@diakonie-delatour.at
 Website: www.diakonie-delatour.at/krankenhaus-de-la-tour

Spielsuchtambulanz de La Tour Villach (de La Tour Addiction Treatment Centre in Villach)

Address: Nikolaigasse 39, 9500 Villach
 Telephone: +43 (4242) 243 68
 Email: spielsuchtambulanz.villach@diakonie-delatour.at
 Website: www.diakonie-delatour.at/spielsuchtambulanz-de-la-tour-villach

Lower Austria

Anton Proksch Institute – Suchtberatung Baden (Addiction Counselling in Baden)

Address: Helenenstraße 40/4/41, 2500 Baden
 Telephone: +43 (1) 88010-1370
 Email: baden@api.or.at
 Website: www.api.or.at
 Additional advice centres: Mödling, Neunkirchen, Wiener Neustadt

Caritas Suchtberatung St. Pölten (Caritas Addiction Counselling in St. Pölten)

Address: Brunnengasse 23, 3100 St. Pölten
 Telephone: +43 (676) 83 844 581
 Email: suchtberatung@caritas-stpoelten.at
 Website: www.caritas-stpoelten.at
 Additional advice centres: Amstetten, Gmünd, Horn, Krems, Lilienfeld, Melk, Scheibbs, Waidhofen/Thaya, Zwettl

Grüner Kreis - Ambulantes Beratungs- und Betreuungszentrum Wr. Neustadt (Addiction Rehabilitation Centre in Wr. Neustadt)

Address: Grazer Straße 53/Top 14, 2700 Wiener Neustadt
 Telephone: +43 (2649) 83 06
 Email: ambulanz.wienerneustadt@gruenerkreis.at
 Website: www.gruenerkreis.at

Selbsthilfegruppe Anonyme Spieler (Anonymous Gambling Self-Help Group)

Address: Himmelreichstraße 8, 3390 Melk
 Telephone: +43 (660) 123 66 74
 Email: shg@anonyme-spieler.at
 Website: www.anonyme-spieler.at

Upper Austria

Ambulanz für Spielsucht der pro mente OÖ (pro mente Clinic for Gambling Addiction in Upper Austria)

Kepler University Hospital, Neuromed Campus
 Address: Wagner-Jauregg-Weg 15, 4020 Linz
 Telephone: +43 (57) 680 87-39 571
 Email: spielsucht.nmc@kepleruniklinikum.at
 Website: www.spielsuchtambulanz.at

Magistrat der Stadt Wels – Sozialpsychisches Kompetenzzentrum - Spielsuchtberatung (Department of the City of Wels - Social Psychology Competence Centre - Counselling for Gambling Addiction)

Address: Dragonerstraße 22, 4600 Wels
 Telephone: +43 (7242) 29 585
 Email: spielsuchtberatung.spb@wels.gv.at
 Website: www.wels.gv.at/lebensbereiche/leben-in-wels/soziales/sozialan-gebote/sozialpsychisches-kompetenzzentrum/suchtberatung-suchtpraevention/spielsuchtberatung/

Spielsuchtberatung der Schuldnerhilfe OÖ (Upper Austrian Counselling for Gambling Addiction)

Address: Stockhofstraße 9, 4020 Linz
 Telephone: +43 (732) 77 77 34
 Email: linz@schuldner-hilfe.at
 Website: www.spielsuchtambulanz.at

Salzburg

Institut Glücksspiel & Abhängigkeit (Institute of Gambling & Dependency)

Address: Emil-Kofler-Gasse 2, 5020 Salzburg
 Telephone: +43 (662) 87 40 300
 Email: office@spielerschutz.eu
 Website: www.spielerschutz.eu

Styria

b.a.s. Beratungsstelle Graz (Graz Counselling Centre)

Address: Dreihackengasse 1, 8020 Graz
 Telephone: +43 (316) 82 11 99
 Email: office@bas.at
 Website: www.suchtfragen.at
 Additional counselling centres of the b.a.s.: Bad Aussee, Bruck/Mur, Deutsch-landsberg, Gröbming, Hartberg, Kapfenberg, Leibnitz, Liezen, Mürzzuschlag, Voitsberg, Weiz

Drogenberatung des Landes Steiermark (Addiction Treatment Centre at Drogenberatung des Landes Steiermark)

Styria addiction therapy association
 Address: Friedrichgasse 7, 8010 Graz
 Telephone: +43 (316) 326 044
 Email: drogenberatung@stmk.gv.at
 Website: www.drogenberatung.steiermark.at

Schuldnerberatung Steiermark (Schuldnerberatung Steiermark Credit Counselling Service)

Address: Annenstraße 47, 8020 Graz
 Telephone: +43 (316) 37 25 07
 Email: office@sbstmk.at
 Website: www.schuldnerinnenberatung.at/

Suchtberatung Obersteiermark (Suchtberatung Obersteiermark Addiction Treatment Centre)

Address: Krottendorfergasse 1, 8700 Leoben
 Telephone: +43 (3842) 444 74
 Email: office@sb-o.at
 Website: www.suchtberatung-obersteiermark.at

Zentrum für Suchtmedizin Spielsuchtinformationsstelle (Centre for Addiction Medicine Gambling Addiction Information Centre)

Address: Wagner-Jauregg-Platz 1, 8053 Graz
 Telephone: +43 (316) 2191-2222
 Email: suchtmedizin@lkh-graz-sw.at
 Website: www.lkh-graz-sw.at

Tyrol

Verein B.I.N. (Advice, Information, Aftercare Association)

Address: Schmiedtorgasse 5/1, Stock, 6060 Hall in Tirol
 Telephone: +43 (5223) 53 636
 Email: office@bin-suchthilfe.tirol
 Website: www.bin-tirol.org

Vorarlberg

Beratungsstelle Clean Feldkirch (Clean Counselling Centre in Feldkirch)

Address: Schießstätte 12/8, 6800 Feldkirch
 Telephone: +43 (5522) 38072
 Email: clean.feldkirch@mariaebene.at
 Website: clean.mariaebene.at/

Vienna

Ambulante Behandlungseinrichtung Spielsuchthilfe (Gambling Addiction Treatment Facility)

Address: Siebenbrunnengasse 21/ DG, 1050 Wien
 Telephone: +43 (1) 544 13 57
 Email: therapie@spielsuchthilfe.at
 Website: www.spielsuchthilfe.at

Anton Proksch Institute – Ambulatorium Wiedner Hauptstraße (Ambulanz Wieden Addiction Treatment Centre)

Address: Wiedner Hauptstraße 105, 1050 Vienna
 Telephone: +43 (1) 880 10-1480
 Email: wieden@api.or.at
 Website: www.api.or.at



Legal notice

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Any gender specific terms used in this brochure in the male or female form only refer to both men and women equally.

As at 09/2021